

Auckland Arts Festival and DANZ Aotearoa are pleased to offer a masterclass with:

KUIK SWEE BOON - Artistic Director of T.H.E dance company, Singapore.

Kuik Swee Boon is in Auckland as a guest choreographer with Black Grace for the show [Changes](#) at Auckland Arts Festival 2016 - the world premiere of two significant works by visionary choreographers, Neil Ieremia (Black Grace) and Kuik Swee Boon (T.H.E Dance Company, Singapore).

Date: Monday 7 March

Time: 6.30 – 8pm

Venue: Wellesley Studios

113 Wellesley Street West, Auckland 1010, New Zealand

+64 9 373 4336

Cost: \$25

Number of participants: 20 – 25

Level required: minimum age 15 with 3 years experience in contemporary dance training.

Participants need to bring: Water & towel

Registration is essential by Friday 4 March. To register and for payment details please contact danz@danz.org.nz or phone 09 370-0482

CONTENT OF MASTERCLASS:

Preparatory training for the body to be open and receptive to the effective usage of relaxation and improvisation techniques.

Through simple and organic exercises Swee Boon revisits the fundamental elements of dance training and performance. This includes keeping the body grounded and the breath controlled, tapping on a deeper understanding of individual self, being conscious of evoking movement and impulses from deep within the body to form the kinesthetic expression and using the body's rhythmic flow and our external surroundings to greatest effect. As the workshop progresses, the class may also incorporate excerpts of T.H.E's repertoire to illustrate and develop these concepts.

Kuik Swee Boon

A talented dancer and outstanding choreographer, Kuik Swee Boon (*b. 1973, Batu Pahat, Johor, Malaysia*) is hailed as one of the dance pioneers who revitalised the contemporary dance scene in Singapore. Kuik spent 10 years dancing for the Singapore Dance Theatre and five years with the prestigious Spanish dance troupe Compania Nacional de Danza. He currently helms his own company, The Human Expression (T.H.E) Dance Company. Kuik was awarded the Young Artist Award by the National Arts Council in 2007.

